



## **CHILD ADMISSION POLICY & PROCEDURE**

The aim of our child admission policy is to protect those most at risk, whilst at the same time ensuring the ongoing enjoyment of this facility by children. It should be noted that in Ireland a child is legally defined as being under the age of 18. In order to achieve these goals, Clann Fitness and Leisure Club adheres to the following Child Admission

### **Procedures to ensure the safety of all users:**

Membership for persons under 16 years can only be accepted as an addition to an adult club member from their immediate family.

Person's under 16 must be accompanied in the Club at all times.

Person's aged 16 years and over may use both the Pool & Fitness Suite

Person's aged 15 years and under may not use either Sauna or Steam Room or Jacuzzi at any time for safety reasons.

Persons aged 16 years are welcome to use the Gym, However, we strongly recommend that they get an assessment and program done out with one of our experienced trainers.

### **Swimming Pool Specific Guidelines:**

Lifeguards cannot and should not be expected to replace the care and supervision of a parent.

Children aged 1 – 8 must be accompanied by a responsible adult (aged 18 years or over) in the pool at all times and stay within arms reach of the child.

Children aged 9 to 15 years must be accompanied by a responsible adult (aged 18 years or over) who must remain in the view of the child at all times.

Ratio of 1 adult to 2 children aged 8 and under applies.

Children aged 16 – 17 years may use the facility unaccompanied but must not be responsible for children aged 15 years and under.

(Admissions Policy publicly displayed)

## **ADMISSIONS POLICY**

- Children under 16 years must have adult supervision to use the pool
- Children aged 8 yrs & under must be accompanied by an adult in the water
- Ratio of 1 adult to 2 children aged 8 and under applies
- Children's hours are 10am – 7pm every day
- Hats must be worn in the water
- Flip Flops are recommended as floor area gets slippery
- Children under 16 years are not permitted in the Gym Area
- Swim Nappies must be worn by all infants up to the age of 3 years
- Boys over 8 years are not permitted in the Ladies Dressing Room & Girls over 8 years are not permitted in the Mens Dressing Room.

### **Swimming Lesson Admission Procedures:**

All children must be handed over to their swimming teacher at the start of the lesson and be there to receive the child from the teacher at the end of the lesson

Parents / Guardians of all children attending swimming lessons must fill in a consent form and health history questionnaire on behalf of the child prior to the start of each new term regardless if it is the child's first term or not.

Parents/ Guardians must remain on the Health Club/Hotel Premises, but not on poolside for the duration of the swimming lesson unless in an exceptional case Teacher or Receptionist has been made aware that they may have to go somewhere, but must be contactable at all times.

In the case of Private Swimming Lessons the Parent/Guardian must stay on poolside during lesson.

### **Children's Use of Changing Rooms**

Boys over 8 years of age are not permitted in the Ladies Dressing Room and Girls over 8 years of age are not permitted in the Mens Dressing Room.

When Children are going into the dressing room by themselves parents have been made aware that no messing or boisterous behaviour is allowed.